



Performing Gyn Exams in Women with Disabilities, The New Castle, Delaware Experience

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Christiana Care Health System is one of the largest not for profit health system in the Mid-Atlantic region.

Wilmington Hospital Health Center
Multi-disciplinarian Outpatient Care Center

- 6 Procedure Rooms with Overhead Lifts
- Wheelchair and Stretcher Friendly
- Collaborative Provider Visits possible
- On-site Outpatient Surgery Center

Women’s Health Care Visits in TCP and Special Needs along with Dental Care Visits can be coordinated and/or scheduled sequentially

Shared ELECTRONIC MEDICAL RECORD allows coordinated clinical care decision making.

Women’s Health Visits	Total
Total Patient Visits	411
Special Needs Clinic 2011 - 2014	296
Transitional Care Practice 2011 - 2014	73
Practice Without Pressure	30
Combined Special Needs / TCP Visits	8
Combined Special Needs / PWP Visits	7
Combined Special Needs / Dental Visits (OR Cases)	12
Office Birth Control Placement (IUD, Nexplanon)	8
Office Procedures (Biopsy, I&D)	15
Gynecologic Malignancy	7
Breast Malignancy	5
Benign or Pre-Malignant GYN Pathology	3
Breast Lesion	5
Sexually Transmitted Infection	6
Skin Lesions	8

Transitional Care Practice “TCP” provides primary care with the focus on the tenets of chronic disease model and shared management model for children above the age of 21 with DD/ID and Chronic Medical Disease

Patient Centered Medical Home

- Personal Physician Directed Medical Practice
- Whole Person Orientation
- Coordinated and Integrated Health Care
- Quality and Safety
- Enhanced Access
- Payment

Education of Resident Trainees, Office Staff Regional Clinicians on Disability Care Guidelines

Special Needs Gynecology Clinic
Gynecologic services for Women with ID / DD/ Physical Disabilities and complex medical issues since 2004. Patient Age Range: 14 – 95 y/o

Preventative Health Services including Cervical Cancer and Breast Cancer Screening, Contraception and Full Range of Family Planning Services

Diagnostic Services including In-office Biopsies

Educate Patients regarding GYN & Breast Health
Educate Staff and Residents regarding innovative and coordinated gyn care delivery methods.

Practice Without Pressure, Inc is an innovative, community based model for health and dental care delivery for patients with disabilities. **Deb Jastrebeski** created a new medical care paradigm for her son, Marc in 2009

PWP is:

A Philosophy...
that anyone can learn to complete procedures without physical or mechanical restraint.

A Process...
of using our Practice Model™ to prepare clients for medical, dental and personal care procedures.

A Place...
where people can practice procedures in comfort and complete routine exams and treatment with professionals trained to help them succeed.

A Practice Specialty...
with staff trained in PWP methods and where other professionals can receive PWP training

A Program...
of training in PWP methods for professionals, caregivers and individuals with disabilities



DISCLOSURES: There are no financial conflicts for any of the authors.

